



## Massachusetts benefits application guide

### \$\$ for Food (SNAP & HIP)

#### What is SNAP?

Supplemental Nutrition Assistance Program, or SNAP, provides a monthly supplement for purchasing nutritious food. If you qualify, you'll get a debit card to use for groceries.

#### How do you enroll?

Online or in-person application

HIP is activated when you enroll in SNAP

#### What resources are available?

To learn more about SNAP: [More info](#)

To learn more about HIP: [More info](#)

To apply to SNAP: [Apply to SNAP](#)

### \$\$ for Childcare (TAFDC)

#### What is TAFDC?

Transitional Aid to Families with Dependent Children (TAFDC) provides cash assistance to families with children and women in the last 120 days of pregnancy, with little or no assets or income.

#### How do you enroll?

Interview and application in-office.

#### What resources are available?

To learn more about TAFDC: [More info](#)

To apply to TAFDC: [Locate an Office](#)

### \$\$ for Utility Payments (MLIHEAP)

#### What is MLIHEAP?

Low Income Home Energy Assistance Program (MLIHEAP) provides eligible households with help in paying a portion of winter heating bills.

#### How do you enroll?

Interview and application in-office.

#### What resources are available?

To learn more about MLIHEAP: [More info](#)

To apply to MLIHEAP: [Locate an Office](#)

### Food, Clothing & Services (WIC)

#### What is WIC?

Women, Infants and Children (WIC) provides healthy foods, nutrition education, breastfeeding support, and referrals to healthcare and other services, free of charge, to families who qualify

#### How do you enroll?

Submit form online, follow up in person

#### What resources are available?

To learn more about WIC: [More info](#)

To apply to WIC: [Begin form](#) or find a [Location](#)

### \$\$ for Rent Payments (MRVP)

#### What is MRVP?

Massachusetts Rental Voucher Program (MRVP) provides a permanent improvement in the lives of low-income families and individuals by offering rental subsidies to those eligible for the program.

#### How do you enroll?

Through a service provider.

#### What resources are available?

To learn more about MRVP: [More info](#)

To apply to MRVP: [Locate Service Providers](#)

### Income Tax Credit (MEITC)

#### What is MEITC?

The Massachusetts Earned Income Tax Credit (MEITC) is a MA state credit for working people with low or moderate income. The MEITC may reduce your tax bill and give you a refund. You may be eligible for both the federal and MA income tax credit

#### How do you enroll?

File a state tax return and send it to the Massachusetts Department of Revenue.

#### What resources are available?

To learn more about MEITC: [More info](#)

To apply to MEITC: [File your MA state tax](#)

For in person assistance: [View calendar](#)